Basic Calendar Framework		Session 1	weeks of Oct4-Nov8, 6 weeks								
Sunday	Sunday	Monday	Monday	Tuesday	Tuesday	Wed	Wed	Thur	Thur	Fri	Fri
4:00-4:30	LTS & Basic Skils										
4:30-5:00	Jr Club										
5:00-5:30	LTS & Basic Skils										
5:30-6:00	Jr Club			ONLY SEP							
6:00-6:30	Moves			7:15-7:45	Moves						
6:30-7:30	Free			7:45-8:45	Free						
7:30-7:45	Zamboni										
7:45-8:15	HS Team	7:00-8:30	Synchro					Sep-Oct, last on 10/22			
8:15-8:45	Moves	8:30-9:00	Moves			8:00-8:30	Moves	8:15-8:45	Moves		
8:45-9:45	Free	9:00-10:00	Free			8:30-9:30	Free	8:45-9:45	Free		

Basic Calendar Framework		Session 2	(weeks of Nov 15-Dec 27, 7 weeks)								
Sunday	Sunday	Monday	Monday	Tuesday	Tuesday	Wed	Wed	Thur	Thur	Fri	Fri
4:30-5:00	LTS & Basic Skils										
5:00-5:30	Jr Club										
5:30-6:00	LTS & Basic Skils										
6:00-6:30	Jr Club										
6:30-7:00	Moves										
7:00-8:00	Free										
8:00-8:15	Zamboni	7:00-8:30	Synchro								
8:15-8:45	Moves	8:30-9:00	Moves			8:00-8:30	Moves				
8:45-9:45	Free	9:00-10:00	Free			8:30-9:30	Free				

Basic Calendar Framework		Session 3	(weeks of Jan3-Feb 14, 7 weeks)	Ice show practice starts 2/21							
Sunday	Sunday	Monday	Monday	Tuesday	Tuesday	Wed	Wed	Thur	Thur	Fri	Fri
4:30-5:00	LTS & Basic Skils										
5:00-5:30	Jr Club										
5:30-6:00	LTS & Basic Skils										
6:00-6:30	Jr Club										
6:30-7:00	Moves										
7:00-8:00	Free										
8:00-8:15	Zamboni	7:00-8:30	Synchro	When Show Practice Starts				When Show Practice Starts			
8:15-8:45	Moves	8:30-9:00	Moves	8:00-8:30	Moves	8:00-8:30	Moves	8:00-8:30	Moves		
8:45-9:45	Free	9:00-10:00	Free	8:30-9:30	Free	8:30-9:30	Free	8:30-9:30	Free		

Ice Show Practices (Show Week, practice nightly, all skaters)											
Sunday	Sunday	Monday	Monday	Tuesday	Tuesday	Wed	Wed	Thur	Thur	Fri	Fri
4:30-5:00	Show Groups										
5:00-5:30	Show Groups										
5:30-6:00	Show Groups										
6:00-6:30	Show Groups										
6:30-7:00	Show Groups										
7:00	Zamboni										
7:15-7:45	Show Groups	7:00-7:30	Synchro Skills								
7:45-8:45	2nd Opening Nur	7:30-8:15	Golden Blades	8-8:30	Moves	8:00-9:00	1st Opening	8-8:30	Moves		
8:45-9:30	Solos + Duets	8:15-9:15	Extra Number	8:30-9:30	Free	9:00-10:00	Solo & Duets	8:30-9:30	Free		
9:30-10	Senior	9:15-10:00	Hockey Number								